



JANE

This Week's Menu

29 April - 5 May 2024

MONDAY 29/4

LUNCH	Salad/Soup/Fruit
DINNER	Pumpkin & Sweet Potato Cottage Pie Miso, Soy & Ginger Chicken Drumsticks

TUESDAY 30/4

LUNCH	Salad/Soup/Fruit
DINNER	Braised Beef Brisket with Smoky BBQ Sauce Mild Chicken Curry

WEDNESDAY 1/5

LUNCH	Hot Lunch
DINNER	Raan Masala Shoulder of Lamb Southern Fried Chicken

THURSDAY 2/5

LUNCH	Salad/Soup/Fruit
DINNER	Kerala Chicken Sausages with Roasted Onion & a Tomato Sauce

FRIDAY 3/5

LUNCH	Salad/Soup/Fruit
DINNER	Butter Milk Chicken Pakoras Prawn & Squid Vegetable Rice

SATURDAY 4/5

LUNCH	Hot Dogs
DINNER	Green Thai Chicken Curry Stir Fried Black Bean Beef

SUNDAY 5/5

LUNCH	Brunch
DINNER	Roast Chicken with Roast Vegetables & Chicken Gravy Corned Silverside of Beef with a Potato Mash