



JANE

This Week's Menu
7-13 July 2025

MONDAY 7/7

LUNCH Salad/Soup/Fruit

DINNER Shepherds Pie
Prawn & Capsicum Risotto

TUESDAY 8/7

LUNCH Salad/Soup/Fruit

DINNER Beef Sausages
Soy & Ginger Chicken Beasts

WEDNESDAY 9/7

LUNCH Salad/Soup/Fruit

DINNER Chicken Korma
Slow Cooked Beef Brisket

THURSDAY 10/7

LUNCH Fish and Chips

DINNER Tandoori Chicken Thighs
Pork Scotch with Sweet & Sour Sauce

FRIDAY 11/7

LUNCH Salad/Soup/Fruit

DINNER Green Thai Chicken Curry
Salt & Pepper Squid

SATURDAY 12/7

LUNCH Beef Burgers

DINNER Pizza/Pasta

SUNDAY 13/7

LUNCH Brunch

DINNER Roast Beef
Teriyaki Chicken Drumsticks