



## Food Allergies and Dietary Requirements

# What do I need to do?

## Allergies & Anaphylaxis

Food safety is an important issue at Jane. In line with new regulations, it is vital that students with diagnosed allergies and anaphylaxis notify both the Office (at time of application) and the Jane Catering Manager of this on arrival to the College. The Dining Hall operates as peanut free and nut aware.

- ⇒ Please bring your **Allergy Card** to present to College staff on Move In Day. If you do not have one, please obtain one from your GP prior to arrival. It is vital the Catering Manager has your doctor's notes detailing exact allergy ingredients to be able to safely cater for your food allergy.
- ⇒ Students requiring an EpiPen for food allergies must carry one with them to the Dining Hall for meals or, alternatively, store a personal EpiPen in the Dining Hall kitchen, clearly named.
- ⇒ Students are responsible for replacing their expired EpiPens stored in the Dining Hall.

## Dietary Requirements

At Jane, our catering staff prepare and serve meals for the entire College, seven days a week. They try their best to accommodate a myriad of dietary requests, however this is only for those with a **diagnosed** intolerance. There will be some meals you may not like due to a certain ingredient or flavour, but we encourage you to try everything and eat what you do like. All meals are Halal and vegetarian options are always available.

- ⇒ If you have a **medically diagnosed intolerance or dietary issue** (eg gluten intolerance), please bring a letter from your doctor detailing your intolerance (including examples of ingredients) with you to Move In Day to provide to the Catering Manager.