



JANE

This Week's Menu

7-13 October 2024

MONDAY 7/10

LUNCH Salad/Soup/Fruit

DINNER Pot Roasted Brisket
Tandoori Chicken

TUESDAY 8/10

LUNCH Salad/Soup/Fruit

DINNER Grilled Rump Steak
Lamb Sausages with Onion Gravy

WEDNESDAY 9/10

LUNCH Hot Lunch - Nachos

DINNER Beef & Spinach Lasagne
Katsu Chicken

THURSDAY 10/10

LUNCH Salad/Soup/Fruit

DINNER Prawn, Sweet Potato & Spinach Risotto
Parmesan, Panko Crumbed Chicken

FRIDAY 11/10

LUNCH Salad/Soup/Fruit

DINNER Pizza/Pasta
Chicken Schnitzel

SATURDAY 12/10

LUNCH Beef Burgers

DINNER Butter Chicken
Salt & Pepper Squid

SUNDAY 13/10

LUNCH Brunch

DINNER Roast Beef with Roast Vegetables
Besan Spiced Battered Chicken