



JANE

This Week's Menu

1 - 7 April 2024

MONDAY 1/4

LUNCH Salad / Fruit

DINNER Smoked Paprika Chicken with Capsicum & Sour Cream
Beef & Spinach Lasagne

TUESDAY 2/4

LUNCH Salad / Fruit

DINNER Pizza/Pasta

WEDNESDAY 3/4

LUNCH Souvlaki

DINNER Roast Lime & Chili Chicken
Beer Battered Fish

THURSDAY 5/4

LUNCH Salad / Fruit

DINNER Beef Sausages with Tomato & BBQ Sauce
Spiced Battered Chicken

FRIDAY 5/4

LUNCH Salad / Fruit

DINNER Butter Chicken
Corned Silverside with Potato Mash & Steamed Carrots

SATURDAY 6/4

LUNCH Burgers

DINNER Mild Lamb Curry
Stirfried Prawns with Singapore Noodles

SUNDAY 7/4

LUNCH Brunch

DINNER Roast Beef with Roasted Root Vegetables
Chicken Schnitzel