



JANE

This Week's Menu

18 – 24 March 2024

MONDAY 18/3

LUNCH Salad / Fruit

DINNER Beef Lasagna
Butter Chicken
Stirfried Bok Choy
Sweet Potato & Chickpea Curry
A Vegetable Medley

TUESDAY 19/3

LUNCH Salad / Fruit

DINNER Beef with Sweet Potato & Soy & Mashed Potato & Sweet Potato
Chicken Korma Drumsticks

WEDNESDAY 20/3

LUNCH Hot Lunch

DINNER Moroccan Spiced Chicken
Corned Silverside with Roast Carrots, Steamed Herb Potatoes &

THURSDAY 21/3

LUNCH Salad / Fruit

DINNER Rump Steak
Lamb Sausages with Onion & Mashed Potato

FRIDAY 22/3

LUNCH Salad / Fruit

DINNER Red Thai Chicken Curry
Slow Cooked Beef Brisket with Pinkeye Potatoes & Roast Pumpkin

SATURDAY 23/3

LUNCH Hot Dogs

DINNER Slow Cooked Lamb Shoulder with Garlic Cream Potatoes
Steamed Prawns with Pad Thai Noodles

SUNDAY 24/3

LUNCH Brunch

DINNER Pizza/Pasta